

FIND THE SECRET OF HEALTH IN TURKISH CLASSICAL MUSIC MODES !

Western culture is catching on to something many other cultures have known for a long time: Music therapy, which is one of the most profound healing modalities. More and more, you can see music therapists in important places, such as hospitals, hospice centers, youth counseling centers, and correctional facilities. You can give to your body, mind and soul the Turkish Classical music experience and ease yourself with fantastic sound effects on your health and well being.

This is a beginning of a new way to create energy of love to help restore your physical health, mental health and happiness run... Turkish Classical Music will provide a total healing atmosphere and help you to discover new special abilities within yourself.

NIHAVEND MODE: Reduces back pain, lowers elevated blood pressure, helps to stabilize low blood pressure. Recommended to listen in the afternoons.

RAST MODE: Allows your body to experience a peaceful state of mind and helps you achieve better blood pressure and decrease your heart rate. Recommended to listen from midnight to dawn.

REHAVI MODE: Reduces headache, brings intense relief to mothers giving birth, minimizes the pain. Recommended to listen at dawn.

HUSEYNI MODE: Helps to heal infections, malaria, beneficial for autistic and spastic patients. Recommended to listen during morning hours.

HICAZ MODE: Helps to heal pediatric diseases, uro-genital system, kidney diseases. Recommended to listen during day and night.

USSAK MODE: Helps to heal heart diseases, gout, podalgia. Recommended to listen in the afternoons.

BUZURK MODE: Helps to remove anxiety and fear. Effective for brain damages and sore throat.

ZENGULE MODE: Helps to heal heart diseases, meningitis, and psychiatric diseases. Recommended to listen during evening hours.

ISFAHAN MODE: Helps to heal Alzheimer, promotes self-confidence. Recommended to listen at sunset.

NEVA MODE: Helps to heal mental diseases, reduces feel of sorrow. Recommended in the evening hours.

IRAK MODE: Helps to treat meningitis, mental diseases. Recommended to listen in the afternoons.

ZIREFKEN MODE: Helps to treat heart diseases, good for back pain and muscle pain. Good to listen after midnight.

ACEMASIRAN MODE: Good for Body Mass Index (BMI), brings intense relief to mothers giving birth. Recommended to listen at dawn.

SEGAH MODE: Helps to treat obesity, insomnia, relieves pain. Recommended to listen at noon.

BUSELIK MODE: Helps to heal mental diseases, helps in physiotherapy. Recommended to listen in the afternoons.

SABA MODE: Promotes strength and endurance. Recommended to listen in the early mornings.

MUHAYYER KURDI MODE: Helps to all hepatic and gall treatments.

HULEYNI MODE: Neutralizes negative emotions, relieves stress, helps promote relaxation and a truly relaxing sleep. Recommended to listen in the evening hours.

KUCEK MODE: Effective on neurons in the brain. Helps to promote senses. Recommended to listen in the morning hours.

MAHUR MODE: Helps to treat pulmonary and stomach diseases. Recommended to listen in the afternoons.